

# Understanding the symptoms of iGAS and Scarlet Fever



## Treat at home

If your child has any of the following:

- Sore throat
- Headache

Cold and flu like symptoms are very common at this time of year, especially in children.



[Read more](#)

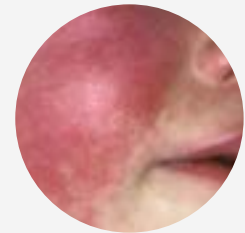
Most will have a common seasonal virus, which can be treated at home by keeping the child hydrated, and with paracetamol.



## Contact NHS 111 Wales

If your child also develops any of the following:

- Fever
- Nausea or vomiting
- A fine red rash, which typically first appears on the chest and stomach. Older children may not have the rash.



Contact NHS 111 Wales or your GP for advice.



## Contact GP straight away

If your child has any of the following:

- Fever (a high temperature above 38°C)
- Severe muscle aches
- Localised muscle tenderness
- Redness at the site of a wound

Contact your GP or get medical advice straight away.